

Trauma Informed Live Work in PSNI

- The Police Service's approach to developing our Trauma Informed Practice (TIP)
- Developing a Trauma Informed Culture through Training Delivery
- Designing Trauma Informed Care in Waterside Custody Suite
- Developing Trauma Informed Care for Colleagues
- Future Plans



ACE & TIP Pilot – Derry City & Strabane

- Western Area Outcomes Group meetings mid 2018
- MACE conference in Millennium Forum September 2018
- Introduction to SBNI
- Agreement to develop ACE / TIP Pilot and evaluation for Derry City & Strabane District. First meeting on Thursday 8th November 2018
- Governance put in place by Superintendent Ryan Henderson to support development
- Training package developed between PSNI & SBNI. This commenced in March 2019, with bespoke online signposting available to support this
- Evaluation conducted immediately prior, post and 6 months later, with positive results for increased empathy and knowledge of ACE & TIP

Training roll out across PSNI

- Strategic buy in / sign off by Service Executive Board
- Roll out of 'train the trainer' programme
- Development of training delivery – C/Inspector Catherine Magee
- Development of training package for Foundation Training (Student Officers)
- Roll out of Level 1 ACE / TIP training across PSNI / Online signposting support
- Blended e-Learning package developed by SBNI & now able to host on our systems
- **Outcome** – By end of March 2020, ALL new Police officers and frontline officers across our 11 Districts will be trained, with Specialist Departments incorporating ACE / TIP into their training programmes. Look towards developing level 2

Training to support Trauma Informed Culture



Location	Number of People trained by 31 st March 2020	Further Comments
North Area	331	Local Policing Teams, Neighbourhood Policing Teams and District Support Teams
Belfast	518	Local Policing Teams, Neighbourhood Policing Teams and District Support Teams
South Area	1,000	Local Policing Teams, Neighbourhood Policing Teams and District Support Teams
Student Officer Training	51	51 new officers will continue to be trained every 5 weeks
Train the Trainer places	35	District Policing, Police College, Legacy Branch, Human Rights Training Advisor, Call Handling.
Blended Training Package	0	Can now be accessed on PSNI e-learning platform. To be further developed in partnership with SBNI
Total	1,935	

Keeping People Safe



Physical Environment / Trauma Informed Care – Waterside Custody Suite

- New Custody Suite being built in Waterside PSNI
- 21 adult cells across two wings. Home office approved
- The Children and Young Persons Strategy for PSNI. This covers five themes, with two being specifically relevant to ACE / TIP:
 - Safety & Protection
 - Offending



Progress to date

- Engagement with the Strategic Custody Working Group in PSNI ongoing
- Meeting with Professor Sarah Hull from The Rowan centre
- Liaison with N.I. Prison Service around visit to Davis House, HMP Maghaberry
- Waterside Custody suite will now have four bespoke vulnerability cells. Discreet separate booking in facility. Consideration around internal finishing with regard to Autism and being more Trauma Informed in design.
- Attendance at Trauma Informed Environments seminar by QUB and Trauma Informed Oregon
- Consideration currently being given to next new Custody Suite, with a focus on the design stage and potential for a separate bespoke children and young persons cell block

Trauma Informed Care for our Colleagues

- Redesign of Wellbeing & Resilience module for student officers
- Resilience training for officers and staff
- Self-support trauma booklet
- Access to Peer Support after traumatic incident
- Internal 12 month poster and video campaign 'It's ok'
- Set up of first 'contemplation room'
- Line manager toolkit
- Pilot of 'Wellbeing Volunteers'



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Serving police
personnel have a
form of PTSD

source: The Job and The Life, 2019

