

Level 2: Developing Trauma Sensitive Approaches to Practice Training - Evaluation Form

Date: _____

Venue: _____

Background information

We invite you to take a few moments to provide feedback on the training you have just received so we can better understand how the training has met the intended outcomes set for it. No one individual or organisation will be identified in the analysis and reporting of this data.

Section 1: Understanding trauma and its impact

1. On a scale from 1 to 5, to what extent do you agree with the following statements [Tick one box for each row]					
<i>As a result of the training I have a greater understanding of</i>	<i>1 strongly disagree</i>	2	3	4	<i>5 strongly agree</i>
A. The term trauma					
B. How to recognise trauma and its impacts on the development of the body physically					
C. How trauma impacts on development psychologically					
D. How trauma impacts on development behaviourally					
E. How trauma can impact staff and service users					
F. The importance of being committed to a trauma sensitive approach					

Section 2: Using a trauma sensitive approach

2. On a scale from 1 to 5, to what extent do you agree with the following statements [Tick one box for each row]					
<i>As a result of the training...</i>	<i>1 strongly disagree</i>	2	3	4	<i>5 strongly agree</i>
A. I can effectively use a trauma lens to respond to those experiencing trauma					
B. I understand the importance of having 1 or more stable caring child-adult relationship(s) to help build resilience					
C. I understand the importance of feeling you can overcome hardship and guide your own destiny to help build resilience					
D. I understand the importance of being equipped to manage behaviour and emotions to help build resilience					

2. On a scale from 1 to 5, to what extent do you agree with the following statements [Tick one box for each row]

As a result of the training...	1 <i>strongly disagree</i>	2	3	4	5 <i>strongly agree</i>
E. I understand the importance of being involved and connected as a means to help build resilience					
F. I can identify the internal and external factors associated with resilience					
G. I understand how not to re-traumatise those who we support who are experiencing trauma					

Section 3: Levels of wellbeing and self-care

3. On a scale from 1 to 5, to what extent do you agree with the following statements [Tick one box for each row]

As a result of the training, I have a greater understanding of.....	1 <i>Strongly disagree</i>	2	3	4	5 <i>Strongly agree</i>
A. How secondary trauma and vicarious trauma could impact on my own health and well-being					
B. How secondary trauma and vicarious trauma could impact on other members of staff's health and wellbeing					
C. The need to promote and protect my own health and well-being					
D. What strategies and supports my organisation/sector offers to help promote and protect my physical and emotional health and well-being					

Section 4: Organisational Change

4. On a scale from 1 to 5, to what extent do you agree with the following statements [Tick one box for each row]

As a result of the training, I have a greater awareness of.....	1 <i>Strongly disagree</i>	2	3	4	5 <i>Strongly agree</i>
A. The importance of integrating knowledge about trauma into organisational policies, procedures and practices					

5. Is there anything else you would like to add about today's training? [Please write in the space below]

About you:

Job Title: _____

Organisation: _____

In which of the following sectors do you work? (Please tick one only)

- Voluntary/community sector
- Health & Social Care sector
- Education sector
- Justice sector
- Other 'please specify' _____

In which HSCT area is your work based (please tick all that apply):

- All of Northern Ireland
- BHSCT
- SEHSCT
- SHSCT
- WHSCT
- NHSCT

THANK YOU FOR TAKING THE TIME TO COMPLETE THIS QUESTIONNAIRE