



EITP Trauma Informed Practice Project

Level 1: ACE Awareness and Trauma Informed Practice Training

Training Evaluation Questionnaire

Date: _____

Venue: _____

Background information

We invite you to take a few moments to provide feedback on the training you have just received so we can better understand how the training has met the intended outcomes set for it. No one individual or organisation will be identified in the analysis and reporting of this data.

Section 1: Understanding of ACEs

1. On a scale from 1 to 5, to what extent do you agree with the following statements [Tick one box for each row]

	1	2	3	4	5
<i>As a result of the training I have a greater understanding of the.....</i>	<i>strongly disagree</i>				<i>strongly agree</i>
A. Term ACEs and what it means					
B. Various types of ACEs (e.g. physical abuse) that exist					
C. The impact that ACEs can have on later outcomes in life					
D. Different types of stress including the impact of toxic stress on a child's developing brain					
E. Factors that mitigate against ACEs and help to build resilience					

Section 2: Understanding, confidence and skills in using a trauma informed approach

2. On a scale from 1 to 5, to what extent do you agree with the following statements [Tick one box for each row]

<i>As a result of the training, I have a greater.....</i>	1 <i>strongly disagree</i>	2	3	4	5 <i>strongly agree</i>
A. Awareness of what a trauma informed approach is and what it entails					
B. Understanding of the importance of staff health and wellbeing when working with others in a trauma informed way					
C. Awareness of my own levels of empathy and the importance of this to working in a trauma informed way					
D. Understanding of what a trauma lens is					
E. Confidence in using a trauma lens to respond appropriately to a child, adult of family experiencing trauma in response to childhood adversity					
F. Understanding of the importance of building secure relationships for individuals that will help mitigate ACEs					
G. Ability to apply a strengths based approach to my practice					
H. Ability to recognise and understand how trauma presents in others					

Section 3: Levels of self-care

3. On a scale from 1 to 5, to what extent do you agree with the following statements [Tick one box for each row]

<i>As a result of the training, I have a greater.....</i>	1 <i>Strongly disagree</i>	2	3	4	5 <i>Strongly agree</i>
A. Awareness of the support services my organisation/ sector provides for staff / volunteers					
B. Ability to access these supports					
C. Awareness of my own coping strategies					

About you:

Job Title: _____

Organisation: _____

In which of the following sectors do you work? (Please tick one only)

- Voluntary/community sector
- Health & Social Care sector
- Education sector
- Justice sector
- Other 'please specify' _____

In which HSCT area is your work based (please tick all that apply):

- All of Northern Ireland
- BHSCT
- SEHSCT
- SHSCT
- WHSCT
- NHSCT

THANK YOU FOR TAKING THE TIME TO COMPLETE THIS QUESTIONNAIRE