

# EITP Trauma Informed Practice (TIP) Project

Performance Report  
Card No. 1 covering the  
period April-July 2019

Safeguarding Board for  
Northern Ireland (SBNI)



# About the Trauma Informed Practice (TIP) project

The EITP\* Trauma Informed Practice (TIP) project is a workforce development project that has been funded through the cross departmental funded Early Intervention Transformation Programme (EITP) and is housed in the SBNI. Strategic training being delivered across organisations in Northern Ireland.

The Trauma Informed Practice project aims to ensure that SBNI member agencies:

- Have an awareness of the adverse childhood experiences which cause trauma in a child's life;
- Are aware of the impact of these adversities on the development of a child;
- Are able to identify what creates resilience to cope with adversity; and
- Are able to develop policies and practices to embed trauma informed practice in their work.

This SBNI is working within five sectors to build the capacity of the workforce in their understanding of ACEs and trauma informed practice skills development. These sectors are Community and Voluntary; Education; Health; Justice, and Social Care. In addition the project team are also working across sport, arts, housing, the Northern Ireland Ambulance Service and Interfaith Committees in Northern Ireland.

The EITP Trauma Informed Practice Project consists of a number of elements of workforce development for identified professionals and volunteers across these sectors including:

- Level 1 – Ace Awareness;
- Level 2 – Trauma Sensitive Approaches to Practice Skills Development;
- Training the Trainer Programme of Professional Development; and
- Be the Change Leadership Programme

This report card presents the performance data for those activities and additional development opportunities that have been delivered up to end of July 2019.

\* Early Intervention Transformation Programme

# Summary of progress

- In the period April to July 2019 more than 1,300 stakeholders were engaged in the project which includes 517 who were trained as part of the Level 1 Ace Awareness training.
- A total of 66 events were organised and delivered to these stakeholders from across the Health & Social Care, Education, Justice and Community & Voluntary sectors.
- Uptake at these events was high with more than 80% of those who registered having attended.
- The training secured improvements in all targeted areas (knowledge & understanding of ACEs, confidence and skills in using an ACE lens approach, levels of self-care and empathy).
- The highest levels of impact were in relation to participants':
  - ability to use an ACE lens approach to intervene and signpost vulnerable families to an appropriate service (45 % average improvement in score).
  - confidence to respond appropriately to vulnerable families (17% average improvement in score).
- NI ACE Animation has been viewed over 3,000 times between April and July 2019
- Significant amount of activity undertaken to underpin the development of the TIP project including, for example:
  - The participation of 100 children and young people in the Life Changers programme (funded by the SBNI) from a series of Barnardo's support programmes which contributed to the ACE awareness training resources;
- The participation and contributions of 60 individuals from 32 organisations in the NI ACE conference 2019 has contributed to the leadership alignment and commitment to the ACE agenda in Northern Ireland. These agencies will be supported from September 2019 onwards through the 'Be the Change' Leadership Programme of the project.

1

How much did we do?

How well did we do it?

Is anyone better off

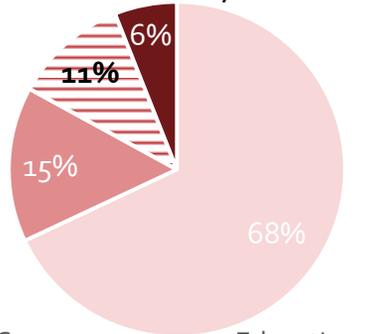


*Children and young people from the Barnardo's NI Life Changers programme at their celebration event with the SBNI Trauma Informed Practice Project Team in May 2019*

# HOW MUCH DID WE DO?

## AWARENESS RAISING SESSIONS

Attendance by sector

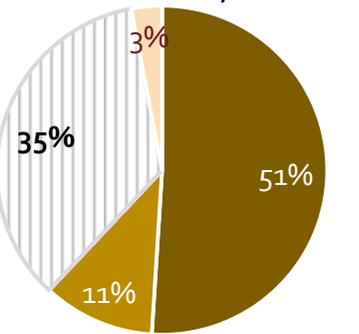


Frontline practitioners accounted for 68% of attendees, followed by service managers at 26%

**No. of sessions:** 14  
**Total no. attendees:** 336  
**Avg. per session:** 24

## STAKEHOLDER ENGAGEMENT EVENTS

Attendance by sector

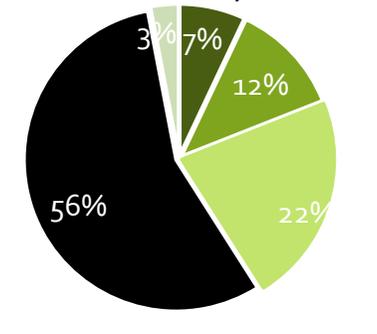


Frontline practitioners accounted for 54% of attendees, followed by service managers at 30%

**No. of events:** 17  
**Total no. attendees:** 446  
**Avg. per session:** 26

## LEVEL 1 TRAINING

Attendance by sector



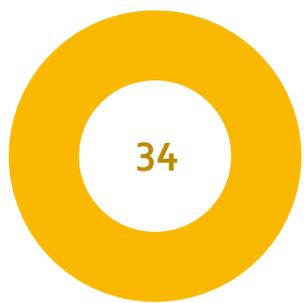
Frontline practitioners accounted for 60% of attendees, followed by service managers at 24%

In addition to those trained at Level 1, 163 police officers participated in Level 1 ACE awareness pilot training in Mar-Apr 2019

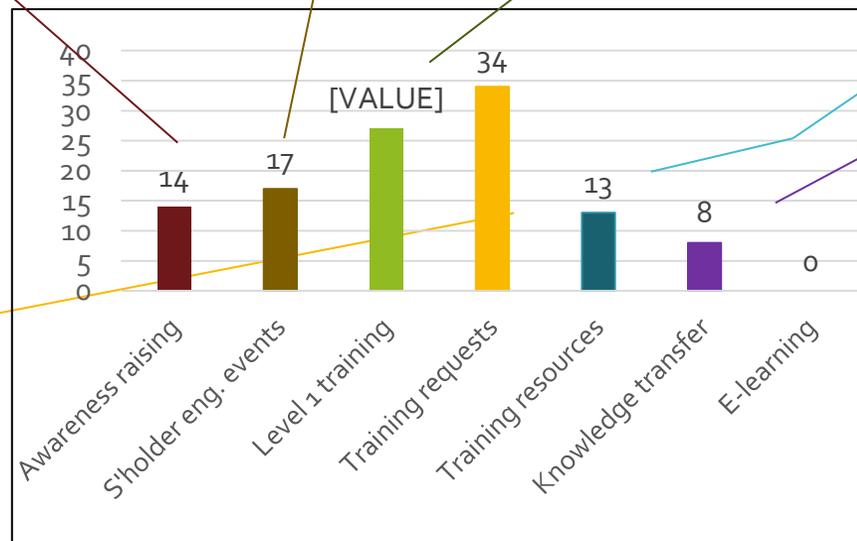
**No. of workshops:** 27  
**Total no. trained:** 517  
**Avg. per workshop:** 19

## FUTURE TRAINING REQUESTS

No. received



\*This relates to the period up to end of July 2019. Requests received will be actioned in subsequent time periods



\* 8 of the level 1 sessions were level 1 & 2 combined

## TRAINING RESOURCES DEVELOPED

13

- SBNI ACE webpages
- Level 1 training material & Level 1 & 2 training manuals co-designed with input from sector representatives
- Evaluation forms (x2)
- ACEs info leaflet & Trauma LENs card
- NI ACE animation *watched 3,000 times*
- Life changers videos – *100 young people participated in its development*
- NI ACE Conference & report 2019 attended by 32 orgs across sectors
- Training needs analysis report compiled to reflect needs of sectors
- Level 1 e-learning (in progress)

## KNOWLEDGE TRANSFER SESSIONS

8

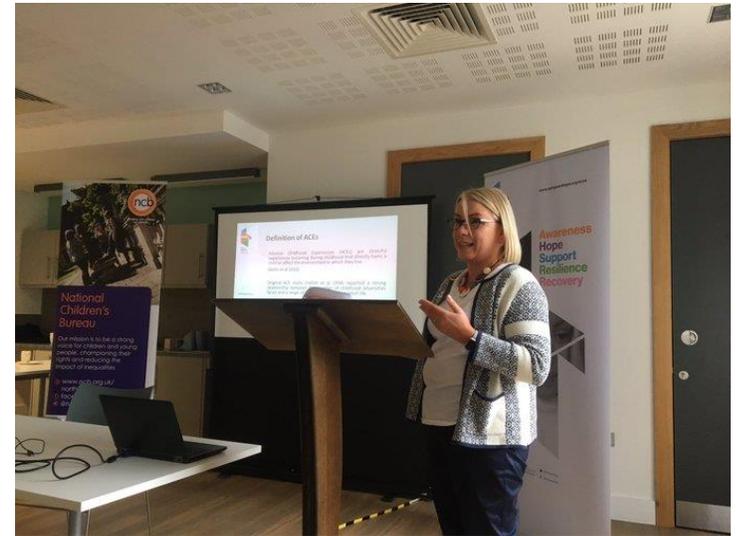
- Signs of safety
- Safeguarding training
- CEC programme
- F2 doctors training

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How well  
did we  
do it?

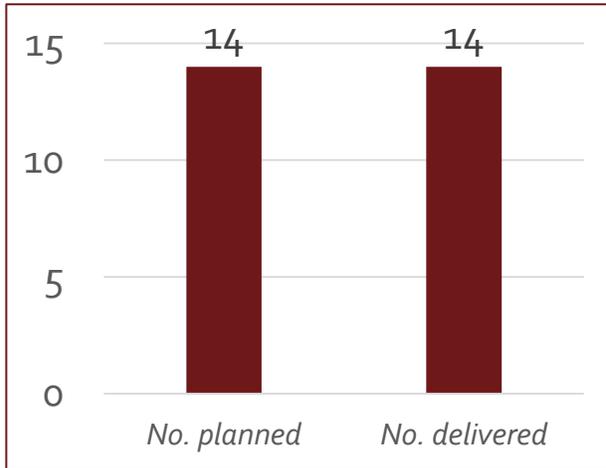
How much  
did we do?

Is anyone better off

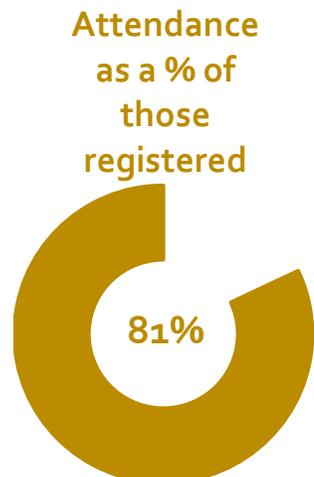
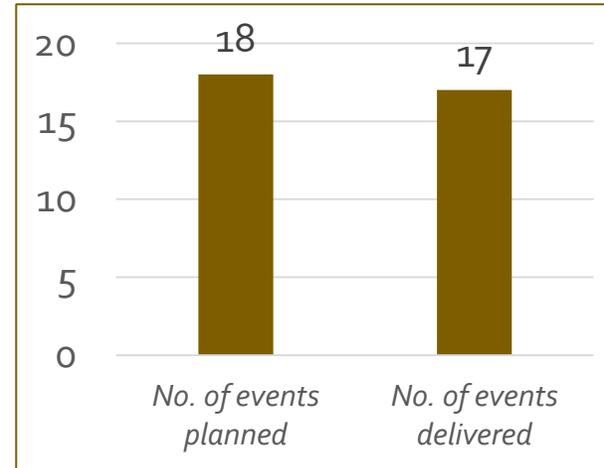


# SESSION DELIVERY AND ATTENDANCE – PLANNED VS. ACTUAL

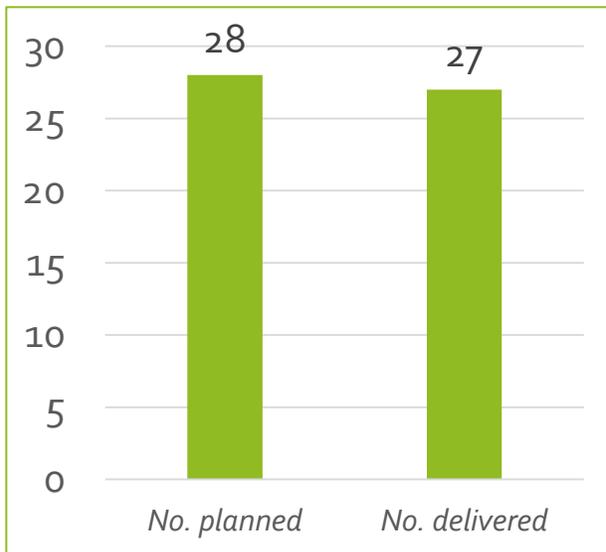
## AWARENESS RAISING SESSIONS



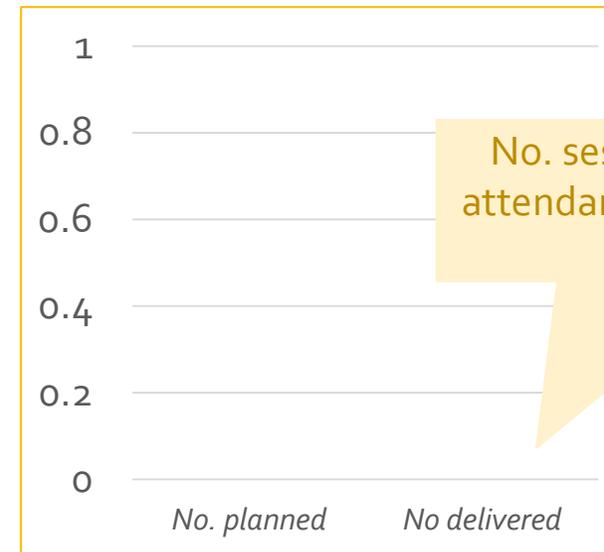
## STAKEHOLDER ENGAGEMENT EVENTS



## LEVEL 1 TRAINING



## BE THE CHANGE PROGRAMME



No. sessions planned/delivered and attendance data to be reported in next report card

How much  
did we do?

How well did  
we do it?

Is anyone better off?

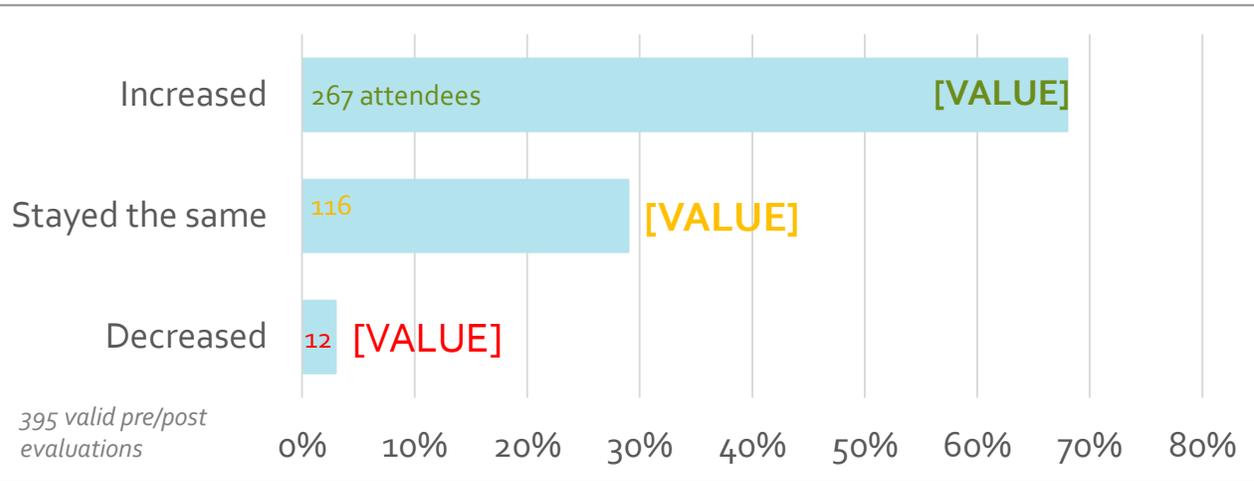
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# IMPACT OF LEVEL 1 TRAINING

## KNOWLEDGE & UNDERSTANDING

- 66% of attendees showed an improvement in their knowledge and understanding of ACEs



## SELF-CARE

Improved scores between the baseline and endpoint across all three aspects of self-care.

On a scale of 1 to 5...  
[1= low rating and 5= high rating]

	Pre	Post
1. I am aware of the support services my organisation provides (n=436)	3.9	4.3
2. I feel able to access these supports (n=433)	3.8	4.2
3. I can promote and protect my own emotional health and well-being (n=423)	3.9	4.3

## CONFIDENCE AND SKILLS

On a scale of 1 to 5...  
[1= low rating and 5= high rating]

	Pre	Post
1. I have the confidence to respond appropriately to a vulnerable family (n=430)	3.5	4.1
2. I can use an ACE lens approach to intervene and signpost vulnerable individuals/families to appropriate support service (n=421)	2.9	4.2

- Significant improvements in confidence and skills registered:
  - 17% improvement in score in terms of responding to a vulnerable families
  - 45% improvement in score in terms of using the ACE lens approach

## LEVELS OF EMPATHY

On a scale of 1 to 5...  
[1= low rating and 5= high rating]

	Pre	Post
1. I can imagine what its like to be in someone else's shoes (n=429)	4.0	4.4
2. I believe adults who are poor deserve social assistance (n=427)	4.0	4.4
3. I think society should help out adults in need (n=429)	4.5	4.6

- Starting from an already high baseline, some improvements in attendees levels of empathy were registered between baseline and endpoint.



UNITED FOR A BETTER CHILDHOOD



Adverse  
Childhood  
Experiences

Be the Change

