



Adverse
Childhood
Experiences

Be the Change

My personal leadership journey experience within PCI (Taking Care)

SBNI Inter-faith group

Opportunity to 'be the change'

Accessed training

'Buy in' from management

Disseminated to trainers

Hosting 'Invictus' play

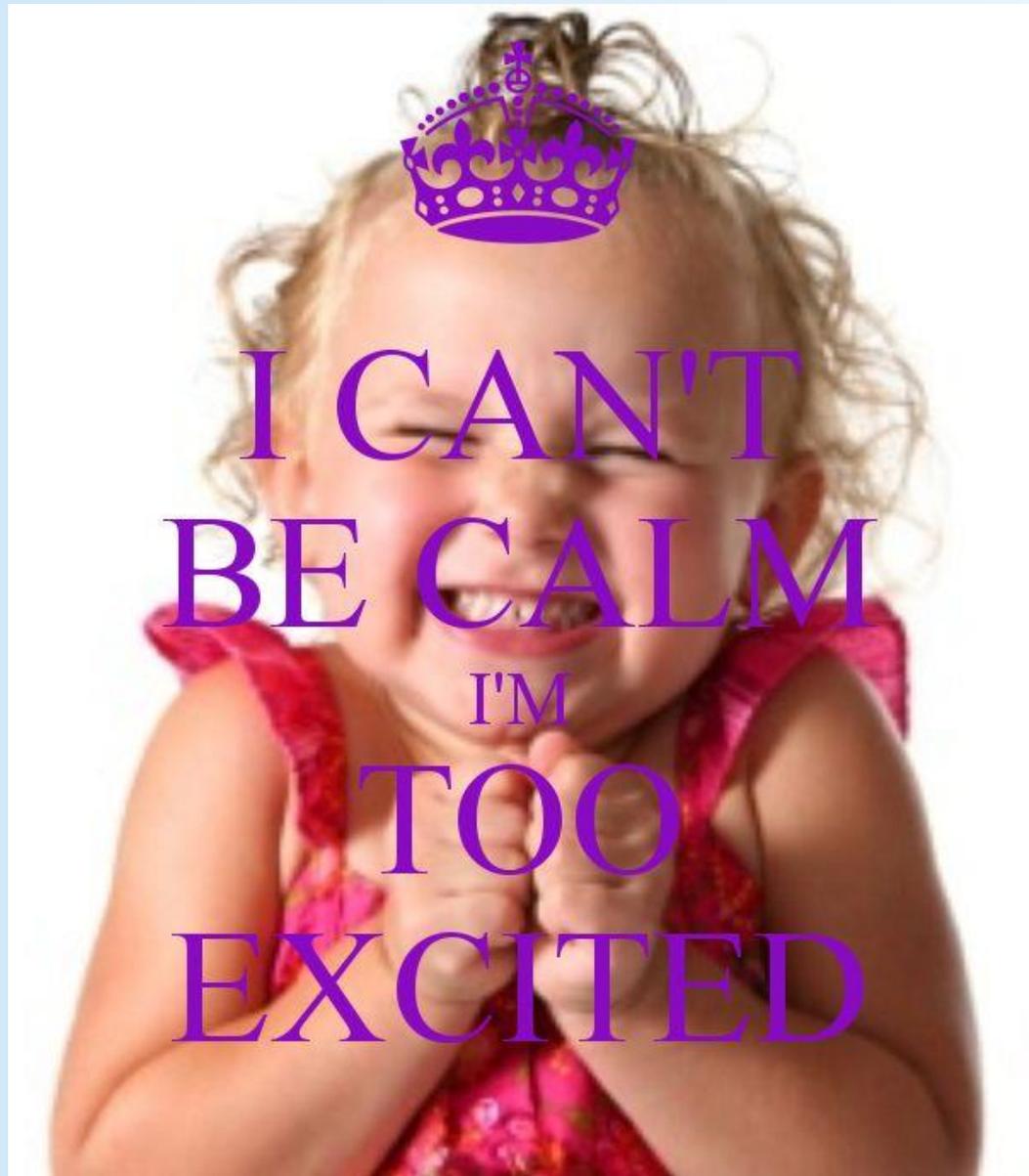
Prime opportunity to





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I CAN'T
BE CALM
I'M
TOO
EXCITED

